



Class Schedule - Updated 8/25/26
7708 Green Meadows Dr., Suite A, Lewis Center, OH 43035

740-549-FLIP (3547)
www.gymx-treme.com

CLASS	MON	TUE	WED	THU	FRI	SAT	SUN
Preschool (Boys & Girls)							
Parent Tot (40 min) 18-36 month olds (parent participation)	6:00-6:40 (Riley)	6:00-6:40 (Ariane)	9:45-10:25 (Adrianna)				4:00-4:40 (Kennady)
Tiny Tumbler (40 min) 3 yr olds	2:45-3:25 (Mindy) 6:45-7:25 (Riley)	6:00-6:40 (Mia)	11:15-11:55 (Adrianna) 5:15-5:55 (Grace)	9:00-9:40 (Gianna) 4:30-5:10 (Riley)	9:45-10:25 (Gianna)	11:15-11:55 (Bridget)	4:45-5:25 (Kennady) 5:30-6:10 (Grace)
Tiny Twister (40 min) 4 yr olds	1:15-1:55 (Mindy) 4:30-5:10 (Riley) 6:00-6:40 (Emery)	12:30-1:10 (Mindy) 5:15-5:55 (Mia)	5:15-5:55 (Amanda) 6:00-6:40 (Grace)	10:30-11:10 (Gianna) 5:15-5:55 (Riley) 6:45-7:25 (Bridget)	9:00-9:40 (Gianna)	9:00-9:40 (Bridget) 9:45-10:25 (Bridget)	4:45-5:25 (Grace)
Girls Recreational Gymnastics							
Rock n Roller (40 min) 5 & 6 yr olds (beginner)	12:30-1:10 (Mindy) 4:30-5:10 (Emery) 5:15-5:55 (Emery)	1:15-1:55 (Mindy) 5:15-5:55 (Ariane)	10:30-11:10 (Adrianna) 4:30-5:10 (Amanda) 6:00-6:40 (Amanda) 6:45-7:25 (Grace)	9:45-10:25 (Gianna) 5:15-5:55 (Bridget) 6:00-6:40 (Bridget)	10:30-11:10 (Gianna)	10:30-11:10 (Bridget)	5:30-6:10 (Kennady) 6:15-6:55 (Kennady)
Rising Star (40 min) 5 & 6 yr olds (intermediate)	2:00-2:40 (Mindy) 5:15-5:55 (Riley) 6:45-7:25 (Emery)	2:00-2:40 (Mindy) 4:30-5:10 (Mia) 6:45-7:25 (Mia)	9:00-9:40 (Adrianna) 4:30-5:10 (Grace) 6:45-7:25 (Amanda)	4:30-5:10 (Bridget) 6:00-6:40 (Riley)	11:15-11:55 (Gianna)		4:00-4:40 (Grace) 6:15-6:55 (Grace)
Super Star (55 min) 5 & 6 yr olds (advanced)	4:30-5:25 (Maya)	2:45-3:40 (Mindy) 4:30-5:25 (Catherine) 6:45-7:40 (Ariane)		6:30-7:25 (Mia) 6:45-7:40 (Riley)	5:30-6:25 (Alissa)		4:00-4:55 (Maddy)
Acro (55 min) 7-15 yr olds (beginner)	6:30-7:25 (Maya)	4:30-5:25 (Amanda) 6:30-7:25 (Amanda)	5:30-6:25 (Alissa) 6:30-7:25 (Alissa)	4:30-5:25 (Ariane) 5:30-6:25 (Ariane)		11:30-12:25 (Alissa)	4:00-4:55 (Bella, Ciaren) 6:00-6:55 (Bella)
Aerial (55 min) 7-15 yr olds (intermediate)	5:30-6:25 (Maya) 7:30-8:25 (Riley)	5:30-6:25 (Amanda) 5:30-6:25 (Catherine) 6:30-7:25 (Catherine) 7:30-8:25 (Mia)	4:30-5:25 (Alissa) 5:30-6:25 (Shelby) 7:30-8:25 (Cameron, Amanda)	4:30-5:25 (Mia) 7:30-8:25 (Mia)	4:30-5:25 (Alissa)	10:30-11:25 (Alissa)	5:00-5:55 (Bella, Ciaren) 7:00-7:55 (Bella)
Twister (85 min) 7-15 yr olds (advanced)	5:00-6:25 (Jordyn, Chloe)	7:00-8:25 (Jordyn)	6:00-7:25 (Cameron)	4:30-5:55 (Jordyn) 6:00-7:25 (Jordyn)	6:30-7:55 (Alissa)	9:00-10:25 (Alissa) 11:00-12:25 (Ariane)	4:00-5:25 (Caroline) 5:30-6:55 (Caroline)
Super Twister (115 min) 7-15 yr olds (x-tremely advanced)	6:30-8:25 (Jordyn, Chloe)		4:30-6:25 (Chloe) 6:30-8:25 (Chloe)	6:30-8:25 (Ariane)		9:00-10:55 (Ariane)	5:00-6:55 (Maddy) 6:00-7:55 (Ciaren)
Elite Twister (115 min) 7-15 yr olds (by coach invite)		5:00-6:55 (Jordyn)	6:30-8:25 (Shelby)				
Tumbling & Cheer (Boys & Girls)							
Intro to Tumbling (40 min) 5 & 6 yr olds (young beginner)		7:30-8:10 (Ariane)					7:00-7:40 (Kennady)
Tumbling 1 (55 min) 6-15 yr olds (beginner)	4:30-5:25 (Natalie)		7:30-8:25 (Grace)	5:00-5:55 (Cat)			7:00-7:55 (Grace)
Tumbling 2 (55 min) 6-15 yr olds (intermediate)	6:30-7:25 (Natalie) 7:30-8:25 (Maya, Natalie)	7:30-8:25 (Amanda)	7:30-8:25 (Alissa)	5:30-6:25 (Mia) 6:00-6:55 (Cat)			7:00-7:55 (Caroline)
Tumbling 3 (55 min) 6-15 yr olds (must have back handspring)	7:30-8:25 (Emery)	7:30-8:25 (Catherine)		7:00-7:55 (Cat)			
Back Handspring (55 min) 8 & up (must have basic tumbling skills)				7:30-8:25 (Jordyn)			7:00-7:55 (Maddy)
Recreational Cheer (55 min) 6-13 yr olds	5:30-6:25 (Natalie)						
Recreational Cheer 2 (55 min) 6-13 yr olds (some experience required)			5:00-5:55 (Cameron)				

CONTINUOUS ENROLLMENT

Enroll at any time!

Monthly tuition is prorated based on your start date.

Classes fill on a first to sign up basis.

MONTHLY TUITION

effective 6/1/24

Parent Tot: \$75

40 minutes: \$97

55 minutes: \$107

85 minutes: \$140

115 minutes: \$160

Sibling Discount: 10% off

2nd Class Discount: 10% off

3rd Class Discount: 20% off

ANNUAL FAMILY MEMBERSHIP FEE

\$50

**Please be advised that class dates, times & instructors are subject to change based on enrollment needs and scheduling availability.*