# Class Schedule - Updated 11/1/26

7708 Green Meadows Dr., Suite A, Lewis Center, OH 43035

740-549-FLIP (3547)
www.gymx-treme.com

| CLASS | MON | TUE | WED | THU | FRI | SAT | SUN |
|---|---|---|---|---|---|---|---|
| **Preschool (Boys & Girls)** | | | | | | | |
| **Parent Tot (40 min)**<br>18-36 month olds (parent participation) | 6:00-6:40 (Riley) | 6:00-6:40 (Ariane) | 9:45-10:25 (Adrianna) | | | | 4:00-4:40 (Catherine) |
| **Tiny Tumbler (40 min)**<br>3 yr olds | 2:45-3:25 (Mindy)<br>6:45-7:25 (Riley) | 6:00-6:40 (Mia) | 11:15-11:55 (Adrianna)<br>5:15-5:55 (Grace) | 9:00-9:40 (Gianna)<br>4:30-5:10 (Riley) | 9:45-10:25 (Gianna) | 11:15-11:55 (Bridget) | 4:45-5:25 (Catherine)<br>5:30-6:10 (Grace) |
| **Tiny Twister (40 min)**<br>4 yr olds | 1:15-1:55 (Mindy)<br>4:30-5:10 (Riley)<br>6:00-6:40 (Gaby) | 12:30-1:10 (Mindy)<br>5:15-5:55 (Mia) | 5:15-5:55 (Amanda)<br>6:00-6:40 (Grace) | 10:30-11:10 (Gianna)<br>5:15-5:55 (Riley)<br>6:45-7:25 (Bridget) | 9:00-9:40 (Gianna) | 9:00-9:40 (Bridget)<br>9:45-10:25 (Bridget) | 4:45-5:25 (Grace) |
| **Girls Recreational Gymnastics** | | | | | | | |
| **Rock n Roller (40 min)**<br>5 & 6 yr olds (beginner) | 12:30-1:10 (Mindy)<br>4:30-5:10 (Gaby)<br>5:15-5:55 (Gaby) | 1:15-1:55 (Mindy)<br>5:15-5:55 (Ariane) | 10:30-11:10 (Adrianna)<br>4:30-5:10 (Amanda)<br>6:00-6:40 (Amanda)<br>6:45-7:25 (Grace) | 9:45-10:25 (Gianna)<br>5:15-5:55 (Bridget)<br>6:00-6:40 (Bridget) | 10:30-11:10 (Gianna) | 10:30-11:10 (Bridget) | 5:30-6:10 (Catherine)<br>6:15-6:55 (Catherine) |
| **Rising Star (40 min)**<br>5 & 6 yr olds (intermediate) | 2:00-2:40 (Mindy)<br>5:15-5:55 (Riley)<br>6:45-7:25 (Gaby) | 2:00-2:40 (Mindy)<br>4:30-5:10 (Mia)<br>6:45-7:25 (Mia) | 9:00-9:40 (Adrianna)<br>4:30-5:10 (Grace)<br>6:45-7:25 (Amanda) | 4:30-5:10 (Bridget)<br>6:00-6:40 (Riley) | 11:15-11:55 (Gianna) | | 4:00-4:40 (Grace)<br>6:15-6:55 (Grace) |
| **Super Star (55 min)**<br>5 & 6 yr olds (advanced) | 4:30-5:25 (Maya) | 2:45-3:40 (Mindy)<br>4:30-5:25 (Catherine)<br>6:45-7:40 (Ariane) | | 6:30-7:25 (Mia)<br>6:45-7:40 (Riley) | 5:30-6:25 (Alissa) | | 4:00-4:55 (Maddy) |
| **Acro (55 min)**<br>7-15 yr olds (beginner) | 6:30-7:25 (Maya, Adrianna) | 4:30-5:25 (Amanda)<br>6:30-7:25 (Amanda) | 5:30-6:25 (Alissa)<br>6:30-7:25 (Chloe) | 4:30-5:25 (Ariane)<br>5:30-6:25 (Ariane) | | 11:30-12:25 (Alissa) | 4:00-4:55 (Alissa)<br>6:00-6:55 (Bella) |
| **Aerial (55 min)**<br>7-15 yr olds (intermediate) | 5:30-6:25 (Maya)<br>7:30-8:25 (Riley, Shelby P) | 5:30-6:25 (Amanda)<br>5:30-6:25 (Catherine)<br>6:30-7:25 (Catherine)<br>7:30-8:25 (Mia) | 4:30-5:25 (Alissa)<br>5:30-6:25 (Shelby)<br>7:30-8:25 (Cameron, Amanda) | 4:30-5:25 (Mia)<br>7:30-8:25 (Mia) | 4:30-5:25 (Alissa) | 10:30-11:25 (Alissa) | 5:00-5:55 (Alissa)<br>7:00-7:55 (Bella) |
| **Twister (85 min)**<br>7-15 yr olds (advanced) | 5:00-6:25 (Jordyn, Chloe) | 7:00-8:25 (Jordyn) | 6:00-7:25 (Cameron) | 4:30-5:55 (Jordyn)<br>6:00-7:25 (Jordyn) | 6:30-7:55 (Alissa) | 9:00-10:25 (Alissa)<br>11:00-12:25 (Ariane) | 4:00-5:25 (Gaby)<br>5:30-6:55 (Gaby) |
| **Super Twister (115 min)**<br>7-15 yr olds (x-tremely advanced) | 6:30-8:25 (Jordyn, Chloe) | | 4:30-6:25 (Chloe)<br>6:30-8:25 (Alissa) | 6:30-8:25 (Ariane) | | 9:00-10:55 (Ariane) | 5:00-6:55 (Maddy)<br>6:00-7:55 (Alissa) |
| **Elite Twister (115 min)**<br>7-15 yr olds (by coach invite) | | 5:00-6:55 (Jordyn) | 6:30-8:25 (Shelby) | | | | |
| **Tumbling & Cheer (Boys & Girls)** | | | | | | | |
| **Intro to Tumbling (40 min)**<br>5 & 6 yr olds (young beginner) | | 7:30-8:10 (Ariane) | | | | | 7:00-7:40 (Catherine) |
| **Tumbling 1 (55 min)**<br>6-15 yr olds (beginner) | 4:30-5:25 (Natalie, Shelby P) | | 7:30-8:25 (Grace) | 5:00-5:55 (Cat) | | | 7:00-7:55 (Grace) |
| **Tumbling 2 (55 min)**<br>6-15 yr olds (intermediate) | 6:30-7:25 (Natalie)<br>7:30-8:25 (Maya, Natalie) | 7:30-8:25 (Amanda) | 7:30-8:25 (Chloe) | 5:30-6:25 (Mia)<br>6:00-6:55 (Cat) | | | 7:00-7:55 (Gaby) |
| **Tumbling 3 (55 min)**<br>6-15 yr olds (must have back handspring) | 7:30-8:25 (Gaby, Adrianna) | 7:30-8:25 (Catherine) | | 7:00-7:55 (Cat) | | | |
| **Back Handspring (55 min)**<br>8 & up (must have basic tumbling skills) | | | | 7:30-8:25 (Jordyn) | | | 7:00-7:55 (Maddy) |
| **Recreational Cheer (55 min)**<br>6-13 yr olds | 5:30-6:25 (Natalie) | | | | | | |
| **Recreational Cheer 2 (55 min)**<br>6-13 yr olds (some experience required) | | | 5:00-5:55 (Cameron) | | | | |

## CONTINUOUS ENROLLMENT

**Enroll at any time!**

Monthly tuition is prorated based on your start date.

Classes fill on a first to sign up basis.

## MONTHLY TUITION

*effective 6/1/24*

Parent Tot: $75
40 minutes: $97
55 minutes: $107
85 minutes: $140
115 minutes: $160

**Sibling Discount:** 10% off
**2nd Class Discount:** 10% off
**3rd Class Discount:** 20% off

## ANNUAL FAMILY MEMBERSHIP FEE

$50

**Please be advised that class dates, times & instructors are subject to change based on enrollment needs and scheduling availability.*